

# Training for Volunteers Courses

**At Plymouth Guild  
Volunteer Centre**

**Book now for 10/11<sup>th</sup> February 2010**

Don't miss this opportunity to take this 2 day course in  
' Understanding Volunteering and Improving your Communication Skills'.

If you are starting out in Volunteering or want to build your confidence and learn some basic skills in communication then sign up for this free 2 day course with the Volunteers Centre. Volunteers will receive, on completion of the 2 days, a Plymouth Guild Training Certificate.

**And Lunch is provided!**

For more information please email [lisam@plymouthguild.org.uk](mailto:lisam@plymouthguild.org.uk) or phone Gill on 01752 201766.

Further dates will run throughout 2010, all aimed at improving your skills as a Volunteer:-

**21<sup>st</sup> & 22<sup>nd</sup> April**

**7<sup>th</sup> & 8<sup>th</sup> July**

**15<sup>th</sup> & 16<sup>th</sup> September**

**17<sup>th</sup> & 18<sup>th</sup> November**

